



Heathers Manor

Date	Lunch 12:00 - 1:00	Dinner 4:30 - 6:00
<u>Monday</u> October 1st Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> BBQ Chicken Sandwich Deviled Egg Potato Salad Or *Italian Chopped Salad Muffin Ice Cream or Fresh Cookie	<u>Daily Soup or Appetizer</u> Pork Chops w/Apples & Onions Baked Potato Or *Teriyaki Grilled Salmon Steamed Rice Dessert: Vanilla Pudding
<u>Tuesday</u> October 2nd Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Cheeseburger Steak Fries Or *Seafood Salad Croissant Fresh Fruit Ice Cream or Fresh Cookie	<u>Daily Soup or Appetizer</u> Chicken Wild Rice Casserole Or Polish Sausage & Sauerkraut Boiled Potatoes Dessert: Turtle Brownie
<u>Wednesday</u> October 3rd Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Hot Ham & Cheese Hoagie Sun Chips Or * Turkey Ala King Biscuit Ice Cream or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Beef Stew Cheddar Biscuit Or *Herbed Poached Cod Steamed Baby Potatoes
<u>Thursday</u> October 4th Continental and Hot Breakfast Service 8:00am-9:30am	<u>Soup of the Day or Fresh Fruit</u> Warm Pastrami & Swiss Sandwich & Coleslaw Or *Crab Caesar Salad Breadstick Ice Cream or Fresh Cookies	<u>Soup of the Day or Appetizer</u> Meatloaf Mashed Potatoes Or *Baked Chicken Legs Twice Baked Potatoes Dessert: Strawberry Pie
<u>Friday</u> October 5th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Chicken Alfredo Pizza Side Salad Or *Tuna Pasta Salad Dinner Roll Ice Cream or Fresh Cookies	<u>Soup of the Day or Appetizer</u> French Dip & Au Jus Steak Fries Or * Oven Fried Shrimp Onion Rings & Cole Slaw Dessert: Eclairs
<u>Saturday</u> October 6th Continental Breakfast Service 8:00am 9:30am	<u>Soup of the Day or Peaches</u> Chili Dog Potato Wedges Or *Chicken Taco Salad Tortilla Chips Ice Cream or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Liver & Onions w/Bacon Roasted Potatoes Or *Roast Turkey Mashed Potatoes & Gravy Dessert of the Day
<u>Sunday</u> October 7th Continental Breakfast Service 8:00am- 9:30am	<u>Sunday Brunch</u> <u>11:30 am to 1:00 pm</u>	<u>Soup of the Day or Appetizer</u> Egg Salad Croissant Or * Deli Ham Sandwich Cookie

Diabetic Dessert Choices -Please ask your server
 Deli Meat Sandwich & Vegetable Sticks available upon request
 Meals marked by* are the healthier meals





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Sunday Brunch
October 7th, 2018
11:30 AM-1:00 PM

Fresh Fruit
Caramel Rolls
Salad of the Day
Baked Ham
Scalloped Potatoes
Or
Battered Alaskan Pollock
Scalloped Potatoes
Vegetables of the Day
Assorted Desserts

