

**Wellness Color Key:**

- HEALTH SERVICES**
- ENVIRONMENTAL**
- EMOTIONAL**   **PHYSICAL**
- VOCATIONAL**   **SPIRITUAL**
- SOCIAL**   **INTELLECTUAL**



# Heathers Manor

## September 2018



**Building Key:**

- AR=Activity Room**
- BC=Bistro Café CH=Chapel**
- CS=Care Suite CY=Court Yard**
- CR=Conference Room**
- DR=Dining Room ML=Main Lobby**

**1 BINGO**  
 1:30 Dime Prize Bingo - Activity Rm  
 3:00 Root Beer Floats - MLobby  
 5:45 Resident Led Farkle Dice - ML  
 6:00 Saturday Movie - CS

**2** 10:30 Chapel with Dan - ML  
 2:00 Piano-CS/12:30 Piano-ML  
 1:00 Afternoon Bridge - 3rd FL  
**1:15 'By Appointment'**  
**Tech Time Workshop-Sign Up**  
**Bring Your Cell, Laptop, Ipad or Computer Issue**  
 2:30 Sunday Family Game Day  
 'Explorers Jingo' - AR  
 5:45 Summer Wii Bowling - AR

**3 LABOR DAY**  
**Business Offices Closed**  
**Limited Desk Hours - No Bus**  
 10:45 Morning Stretch & Labor Day Trivia - ML  
**Noon Main Meal Today**  
 \*1:30\* Group Crossword - AR  
 \*2:45\* Celebrity Jingo - AR  
**Evening Boxed Lunch Delivery**  
 5:45 "Holiday" Movie Night -AR

**4 9-10:30 Audiologist Steve-Hearing Aid, Ear Cleaning, Batteries & Adjustments - CH**  
 10:15 News & Views -ML  
 10:45 Morning Stretch-ML  
 12:45 Afternoon Bridge Game & Let's Play Bridge Class-3rd FL  
 3:15 Quarter Prize Bingo - AR  
 No 1:1 Music or Chimes Today  
 6:00 Campus \$ Jackpot - AR

**5** 10:45 Morning Stretch - ML  
 12:45 Let's Play   
 500 Cards & Class   
 1:00 Resident Council Meeting  
**2:00 All Resident Meeting-ML**  
 3:00 Rosary with Colette - CH  
**3:15 Dawn w/Interim Presents 'Preventing Hospitalizations'**  
 5:45 Summer Campfire S'Mores & Songs - CY

**6** 10:45 Morning Stretch with Orlette OR Corinne - ML  
 11:30 Devotions with Lisa - CH  
 1:30 Target Shopping Bus - ML  
 1:45 Group Crossword - AR  
 3:15 Dime Prize Pokeno - AR  
  
**5:45 Thursday Game Night**  
**Learn/Play 'Yahtzee' Dice - ML**

**7 10:30 Lake Minnetonka Lunch & Boat Cruise - ML**  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club - 3rd FL  
 1:00 Walking Track & Exercise Stations - ML  
 1:45 Scrabble - CH  
 3:00 Happy Hour - ML  
 5:45 Nickle Poker Night - AR

**8 BINGO**  
 1:30 Dime Prize Bingo - Activity Rm  
 3:00 Root Beer Floats - MLobby  
 5:45 Resident Led Farkle Dice - ML  
 6:00 Saturday Night Movie - CS

**9** 10:30 Chapel with Dan - ML  
 2:00 Piano-CS/12:30 Piano-ML  
 1:00 Afternoon Bridge - 3rd FL  
**1:15 'By Appointment'**  
**Tech Time Workshop-Sign Up**  
**Bring Your Cell, Laptop, Ipad or Computer Issue**  
 2:30 Sunday Family Game Day  
 Quarter Prize 'Pokeno' - AR  
 6:00 Sunday Night Movie - CS

**10** 10:00 Amsted's Bus - ML  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club - 3rd FL  
 1:00 Walking Track & Stations  
 1:45 Group Crossword - AR  
 2:15 Scrabble - Chapel  
 3:15 Book Club Meeting - CH  
 5:45 Cribbage Club - 3rd Floor

**11 9/11 Remembrance Day**  
 10:15 News & Views -ML  
 10:45 Morning Stretch & Trivia-ML  
 11:00 - 3:00 Chaplin Jim Visits  
 12:45 Afternoon Bridge Game & Let's Play Bridge Class-3rd FL  
 1:45 Spa Day 'Facials w/Pat' - CS  
 3:15 Quarter Prize Bingo - AR  
 3:15 1:1 Music-CS/4:15 Chime-ML  
 6:00 Campus \$ Jackpot - AR

**12 Free Campus Event - DR**  
 ~ 8-9 Free Hot Breakfast  
 ~9-10:30 Specialty Bingo  
 10:45 Morning Stretch - ML  
 11:15 Mass w/Father Terry - CH  
**12:30-3 Flu Shot Clinic - CH**  
 12:45 Let's Play   
 500 Cards & Class   
 3:00 Low Vision Group - BC  
 5:45 Try/Learn Wii Bowling-AR

**13** 10:45 Morning Stretch with Orlette OR Corinne - ML  
 11:30 Devotions with Lisa - CH  
 1:45 Group Crossword - AR  
  
**3:00 September Birthday Bash Celebration with The Kitchen Cut-Ups - ML**  
 5:45 Thursday Game Night - ML

**14 Natl. Country Music Month**  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club - 3rd  
 1:00 Walking Club & Stations - ML  
 1:45 Scrabble - Chapel  
 3:00 Happy Hour - ML  
**3:15 National 'Country Music Month' Celebration - ML**  
 5:45 Nickle Poker - AR

**15 BINGO**  
 1:30 Dime Prize Bingo - Activity Rm  
 3:00 Root Beer Floats - MLobby  
 5:45 Resident Led Farkle Dice - ML  
 6:00 Saturday Night Movie - CS

**16** 10:30 Chapel with Dan - ML  
 2:00 Piano-CS/12:30 Piano-ML  
 1:00 Afternoon Bridge - 3rd FL  
**1:15 'By Appointment'**  
**Tech Time Workshop-Sign Up**  
 2:30 Sunday Family Game Day  
 'Geography Jingo' - AR  
 5:45 Summer Wii Bowling - AR

**17** 10:45 Morning Stretch - ML  
 12:45 500 Card Club - 3rd FL  
**1:00 Tai Chi with Marie - CH**   
**2:30 Calvary Lutheran Communion Service - CH**  
 3:15 Book Club Meeting - CH  
 5:45 Cribbage Club - 3rd Floor

**18 Natl Rice Krispie Treat Day**  
 10:15 News & Views - ML  
 10:45 Morning Stretch/Trivia-ML  
 12:45 Afternoon Bridge Game & Let's Play Bridge Class-3rd FL  
 1:45 Spa Day 'Paraffin Hands' - CS  
 3:15 Quarter Prize Bingo - AR  
 3:15 1:1 Music-CS/4:15 Chime-ML  
 6:00 Campus \$ Jackpot - AR

**19 10:15 Fort Snelling Bus Tour & Picnic Lunch - ML**  
 10:45 Morning Stretch - ML  
 12:45 Let's Play   
 500 Cards & Class   
**5:45 Summer Campfire S'Mores & Songs - CY**

**20 National Pink Punch Day**  
**10:45 Spring Gate Bus - ML**  
 10:45 Morning Stretch with Orlette OR Corinne - ML  
 11:30 Devotions with Lisa - CH  
 1:45 Group Crossword - AR  
 3:15 Dime Prize Pokeno - AR  
 5:45 Thursday Game Night - ML

**21 Natl. Miniature Golf Day**  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club -3rd FL  
 1:00 Walking Club & Stations - ML  
 1:45 Scrabble - Chapel  
 3:00 Happy Hour - ML  
 3:15 Chef Steph Demo  
**3:30 Bouquet Day & Mini Golf**

**22 BINGO**  
 1:30 Dime Bingo - AR  
 3:00 Root Beer Floats - ML  
 5:45 Resident Led Farkle Dice - ML  
 6:00 Saturday Movie-CS

**23/30** 10:30 Chapel w/Dan-ML  
 2:00 Piano-CS/12:30 Piano-ML  
 1:00 Afternoon Bridge - 3rd FL  
 3:00 Sunday Family Game Day  
**23=** Quarter Prize 'Pokeno' -AR  
**6:00 Movie Night - CS**  
**30=** 'I Love America Jingo' - AR  
 5:45 Wii Bowling - AR

**24** 10:00 Amsted's Bus - ML  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club - 3rd FL  
 1:00 Walking Track & Stations  
 1:45 Group Crossword - AR  
 2:15 Scrabble - Chapel  
 3:15 Book Club Meeting - CH  
 5:45 Cribbage Club - 3rd Floor

**25** 10:15 News & Views - ML  
 10:45 Morning Stretch & Trivia-ML  
 11:00 - 3:00 Chaplin Jim Visits  
 12:45 Let's Play Bridge & Class-3rd  
**1-4 Appointment Bus**  
 1:15 Spa Day 'Fancy Nails' - AR  
 3:15 Quarter Prize Bingo - AR  
 3:15 1:1 Music-CS/4:15 Chime-ML  
 6:00 Campus \$ Jackpot - AR

**26** 10:45 Morning Stretch - ML  
 12:45 Let's Play   
 500 Cards & Class   
 2:45 Communion & Rosary - CH   
 3:00 Popcorn Social - ML  
**5:45 Ladies Meeting with Miranda- AR**

**27 10-2 Appointment Bus**  
 10:45 Morning Stretch with Orlette OR Corinne - ML  
 11:30 Devotions with Lisa - CH  
 1:45 Group Crossword - AR  
 3:15 Dime Prize Pokeno - AR  
 5:45 Thursday Game Night - ML

**28 Natl. Good Neighbor Day**  
 10:45 Morning Stretch - ML  
 12:45 500 Card Club -3rd FL  
 1:00 Walking Club & Stations - ML  
 1:45 Scrabble - Chapel  
 3:00 Happy Hour - ML  
**3:15 'Know Your Neighbor Scavenger Hunt' Results - ML**  
 5:45 Nickle Poker Night - AR

**29 BINGO**  
 1:30 Dime Prize Bingo - Activity Rm  
 3:00 Root Beer Floats - MLobby  
 5:45 Resident Led Farkle Dice - ML  
 6:00 Saturday Movie-CS